**Intervetions: Coordination of Nutrition Care**

Rec: ADAT to post-gastrectomy diet (diabetic, small frequent meals, fluids between meals) when medical condition allows

Will offer sugar-free carnation instant breakfast when diet advances

Encourage small, frequent meals

-MVI daily. Long-term intramuscular Vitamin B12

-Continue to monitor electrolytes and replete prn (noted K low on 5/10)

-Bowel regimen prn

**Interventions:** Nutrition Education

-Will f/u with post-gastrectomy diet education prior to discharge

Following

**Comments:**

PS is a 64 yo woman s/p complete gastrectomy and esophagostomy who has had several operations in the past for ulcer disease. Frequent gastric outlet obstructions since 1991. Required frequent endoscopic dilations almost every 2 weeks in order to tolerate liquids.She has had issues with food not emptying, now requiring more frequent dilations She worsened last summer after that and was treated with TPN for 6 weeks.

PMH: Iron deficiency anemia, SBO

PSH: Roux-en-y gastric bypass 1999, Billroth 2 1981, Roux-en-y procedure 2000 4/27: total gastrectomy, esophagojejunostomy

(4/27) Exploratory laparotomy, lysis of adhesions, total gastrectomy with Roux en Y reconstruction

(5/2) Initiate TPN for malnutrition and prolonged NPO status.

(5/6) tolerating clears, flatus, abd mildly distended, 2 jp drains removed.

(5/7) Diet advanced to full liquid.

(5/8) TPN d/c, Miralax for BM, repleted lytes.

(5/9) Bowel movement, well cleaned out. NPO for IR drainage.

Pt reports years of intolerance to solid foods, was tolerating soft/liquid foods PTA (cottage cheese, mashed potatoes, boost oral supplement). Pt reports wt fairly stable, has fluctuated from as low as 138 lbs to 150 lbs (UBW 145 lbs). Denies food allergies/intolerances. Noted pt's outpt meds include: Vit A +

Vit D2, calcium carbonate.

Nutrition Dx: pt with inadequate oral intake r/t altered GI function AEB NPO status.

Diet: NPO for IR Drainage, previously on regular diet (5/8)

Intake: 50% dinner consumed on 5/8

Previous TPN (off 5/8) to provide 27 Kcal/kg, 1.8 Gm protein/kg, 25% lipids in vol of 1560 ml/day (dosing wt: 62 Kg)

Output: Last BM on 5/7 loose, brown

Labs: Na 138, K 3.3, Glu 106, Ca 8.0, Phos 4.8, Alb 1.5 (5/2)

Meds:vancomycin, miralax, zosyn, Dex5%NaCl.45%KCl20mEq/L (10mls.hr)

Ht: 67" Wt: 66.6 kg-standing on 4/27 BMI :23 UBW: 65.9 kg IBW: 61.4 kg (108% IBW)

Estimated needs: 1670-1925 kcal/day (1.3-1.5 x BEE) 80-93 gm protein/day (1.2-1.4 gm/kg)